

Dirty Duo Race Saturday March 7, 2009

50 km Ultra First Loop

Start/Finish - Jaycee House 1251 Lillooet Rd.

- Down Inter River Park Dr on sidewalk, turn left at first road, turn right in parking lot near small building, veer right onto paved path, and head left down to wide trail at the creek.
- Turn right to follow wide trail, then turn left on Sea to Sky trail.
- Up Sea to Sky trail to Baden-Powell.
- At Suspension Bridge trail turnoff, turn left onto Baden-Powell. Down switchback.
- Through marsh on Baden-Powell past Twin Falls turnoff and Suspension Bridge turnoff.
- Up rise, stay on main trail to arrive at LSCR gazebo.

Gazebo Aid Station

- Take sidewalk by gazebo, go through parking lot. Go through chute by construction.
- Right onto Twin Bridges trail. Head down.

Fisherman's Aid Station

- Cross bridge, head along Fisherman's, left up Bridle Path switchback (post).
- Veer left at top and get onto Hyannis Connector at Y-junction. Turn left.
- At Bridle post, turn right.
- Bridle Path to Horse Loop at Old Buck.

Old Buck Aid Station

- Left up Old Buck to Baden-Powell.
- Left on Baden-Powell to post where Mushroom meets Baden-Powell.

Baden-Powell Aid Station

- At the post, go left to head down on Baden-Powell.
- Straight on Baden-Powell and head down Seymour Grind to Bridle Path.
- RIGHT on Bridle Path to Fishermans.
- Right to Twin Bridge.

Fisherman's Aid Station

- Right on Fisherman's to Homestead.
- Go left up Homestead. Go through parking lot (watch for trucks) to gazebo.

Ultra Second Loop

- Turn right along new road to Circuit 8 (1 km).
- Turn right onto Circuit 8 (post).
- Cross old road. Stay on main trail as it veers left.
- At Y-junction, turn left and loop around ridge.
- Turn left and head down Circuit 8.
- At Fisherman's at bottom, turn right toward Twin Bridges.

Fisherman's Aid Station

- Cross bridge, head along Fisherman's, left up Bridle Path switchback (post).
- Follow First Loop again and arrive back at Fisherman's. Turn right to bridge.

Fisherman's Aid Station

- Right on Fisherman's to Homestead.
- Go left up Homestead. Go through parking lot (watch for trucks) to gazebo.

Gazebo Aid Station

- Left onto Suspension Bridge trail.
- Straight onto Baden-Powell trail, through marsh, up switchback.

Return Route

- **At top of B-P switchback, at post, turn LEFT a few meters.**
- Next RIGHT on **Diamond marker** trail.
- Follow Diamond markers to Lillooet Road.
- Keep RIGHT, onto bark mulch, go through cemetery on road, take gravel path on right to Jaycee House.

Note about Fishermans Aid Station

If Twin Bridges Trail is not accessible by vehicle, the aid station will be located at Bridle Path where it intersects with Hyannis Connector. It will be available out and back in the same way that Fishermans Aid Stn was available.

25 km Run Route Description

Start/Finish - Jaycee House 1251 Lillooet Rd.

- Down Inter River Park Dr on sidewalk, turn left at first road, turn right in parking lot near small building, veer right onto paved path, and head left down to wide trail at the creek.
- Turn right to follow wide trail, then turn left on Sea to Sky trail.
- Up Sea to Sky trail to Baden-Powell.
- At Suspension Bridge trail turnoff, turn left onto Baden-Powell. Down switchback.
- Through marsh on Baden-Powell, past Twin Falls turnoff and Suspension Bridge turnoff.
- Up rise, stay on main trail to arrive at LSCR gazebo.

Gazebo Aid Station

- Take sidewalk by gazebo, go through parking lot. Go through chute by construction.
- Right onto Twin Bridges trail. Head down.

Fisherman's Aid Station

- Cross bridge, head along Fisherman's, left up Bridle Path switchback (post).
- Veer left at top and get onto Hyannis Connector at Y-junction. Turn left.
- Right onto Bridle Path (post).
- Bridle Path to Horse Loop at Old Buck.

Old Buck Aid Station

- Left up Old Buck to Baden-Powell.
- Left on Baden-Powell to post where Mushroom meets Baden-Powell.

Baden-Powell Aid Station

- At the post, go left to head down on Baden-Powell.
- Straight on Baden-Powell and head down Seymour Grind to Bridle Path.
- RIGHT on Bridle Path to Fishermans.
- Right to Twin Bridge.

Fisherman's Aid Station

- Right on Fisherman's to Homestead.
- Go left up Homestead. Go through parking lot (watch for trucks) to sidewalk by gazebo.

Gazebo Aid Station

- Left onto Suspension Bridge trail. Onto Baden-Powell trail, through marsh, up switchback.
- At top of switchback, at post, turn LEFT a few paces.
- Next RIGHT on Diamond marker trail.
- Follow Diamond markers to Lillooet Road.
- Keep RIGHT, onto bark mulch, go through cemetery on road, take gravel path on right to Jaycee House.

Note about Fishermans Aid Station for 25 km

If Twin Bridges Trail is not accessible by vehicle, the aid station will be located at Bridle Path where it

intersects with Hyannis Connector. It will be available out and back in the same way that Fishermans Aid Stn was available.

15 km Mini Trail Run Route

Start/Finish - Jaycee House 1251 Lillooet Rd.

- Along Lillooet Rd on gravel path on left. Straight through gate onto cemetery road. Take bark mulch trail.
- Just after yellow LSCR gate, turn left. Then second left onto trail marked with diamonds.
- Follow diamond markers to T-junction at Baden-Powell.
- Turn left a few paces to find post.
- At Suspension Bridge trail turnoff, turn right onto Baden-Powell. Down switchback.
- Through marsh on Baden-Powell, past Twin Falls turnoff and Suspension Bridge turnoff.
- Up rise, stay on main trail to arrive at LSCR gazebo.

Gazebo Aid Station

- Take sidewalk by gazebo, go through parking lot. Go through chute by construction.
- Right onto Twin Bridges trail. Head down.
- Fisherman's Aid Station (may not be available)
- Left onto Fisherman's (do not cross bridge).
- Go left up Homestead. Go through parking lot (watch for trucks) to sidewalk by gazebo.

Gazebo Aid Station

- Left onto Suspension Bridge trail. Take second turnoff to right. Head down.
- Keep straight at bottom, onto Baden-Powell trail, through marsh, up switchback.
- At top of switchback, at post, turn LEFT a few paces.
- Next RIGHT on Diamond marker trail.
- Follow Diamond markers to Lillooet Road.
- Keep RIGHT, onto bark mulch, go through cemetery on road, take gravel path on right to Jaycee House.

Bike Route Description

Start/Finish - Jaycee House 1251 Lillooet Rd.

- Along Lillooet Rd on gravel path on left. Go straight onto old cemetery road. Take bark mulch trail.
- **Cross Lillooet Road.**
- Go onto berm (bank beside Lillooet Road).
- 800 m along at gate, turn right onto service road, then first left onto bike trail.
- You come to Baden-Powell. Go across.
- Follow bike trail to top, turn left down to berm near Camp Brick.
- Turn right onto berm, follow it to detour sign.
- **Cross Lillooet Road.**
- Veer right in detour trail to arrive on Suspension Bridge trail to gazebo.

Gazebo Aid Station

- Follow paved walk by gazebo and head north along new road to Circuit 8 (1 km).
- Turn right onto Circuit 8 (post).
- Cross old road. Stay on main trail as it veers left.
- At Y-junction, turn left and loop around ridge.
- Turn left and head down Circuit 8.
- At Fisherman's at bottom, turn right toward Twin Bridges.

Fisherman's Aid Station

- Cross bridge, head along Fisherman's, left up Bridle Path switchback (post).
- At top, go left to Hyannis Connector, then left and up slight rise. Turn right at Bridle Path post.
- Bridle Path to Horse Loop at Old Buck.

Old Buck Aid Station

- Left up Old Buck to Baden-Powell.
- Left on Baden-Powell to **post** where Mushroom meets Baden-Powell.

Baden-Powell Aid Station

- At the post, go left to head down on Baden-Powell.
- Straight on Baden-Powell to **post** indicating trail to Bridle Path (Severed Dick).
- LEFT on **Good Samaritan** (Severed Dick). Wooden sign on tree.
- RIGHT on Bridle Path to Fishermans.
- Right to Twin Bridge.

Fisherman's Aid Station

- Up Twin Bridges trail to gazebo.

Gazebo Aid Station

- Left onto Suspension Bridge trail only as far as detour to left. (Do NOT go down long hill.) LEFT a short distance to Lillooet Road.
- **Cross Lillooet Road.**

- Go onto berm on other side. Follow berm as far Camp Brick. About 30 m past the camp, turn left onto trail.
- Ascend trail, keep right at fork near top.
- Cross Baden-Powell trail. Go straight.
- Arrive back at service road, turn right, go left onto berm.
- **Cross Lillooet Road.**
- Go through cemetery on old road, take gravel path to Jaycee House.

Note about Fishermans Aid Station

If Twin Bridges Trail is not accessible by vehicle, the aid station will be located at Bridle Path where it intersects with Hyannis Connector. It will be available out and back in the same way that Fishermans Aid Stn was available.